

# Sarah Pyle, OTD, OTR/L

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## Education

### **Rush University- Chicago, IL**

Doctor of Occupational Therapy: April 2020

GPA: 4.0

#### Honors and Awards

- Pi Theta Epsilon Occupational Therapy Honor Society
- Dean's Award for Academic Excellence

### **Beloit College- Beloit, WI**

Bachelor of Arts, Health and Society: May 2013

## Clinical Experience

### **Lawrence Hall Therapeutic Day School- Chicago, IL**

January 2020 to April 2020

**OTD Capstone:** *Collaborating with Teachers in a Trauma-Informed Therapeutic Day School*

- Developed, implemented, and evaluated a collaborative program with teachers to support students with significant emotional and behavioral challenges, emphasizing a trauma-informed and classroom-level prevention approach to behavioral intervention
- Collaborated with lead OT to develop a sensory room and trained paraprofessionals to facilitate structured, proactive sensory breaks with students
- Co-led groups to address social emotional learning, sensory regulation, and visual-motor skills
- Assessments: Goal Attainment Scaling, COPM, the Teachers' Sense of Efficacy Scale

### **Level IIB Fieldwork**

September 2019 to December 2019

### **Oak Park School District 97- Oak Park, IL**

- Managed a caseload of 30-35 students providing direct and consultative services
- Collaborated with interprofessional team to provide contextually relevant tiered supports and targeted intervention through MTSS, 504, and IEP services
- Trained paraprofessional staff in proactive sensory strategies and implemented sensory room data monitoring to assess sensory room use
- Assessments: Beery VMI, DTVP, SPM, Sensory Profile, Schoodles SFMA, Decoste Writing Protocol

**Level IIA Fieldwork**

April 2019 to June 2019

**UIH Acute Care- Chicago, IL**

- Evaluated, treated, and provided discharge recommendations for patients on neuro, transplant, orthopedic, pediatric, and oncology units
- Performed daily ADL and functional mobility assessments and provided client-centered intervention to promote safety and independence in functional activities
- Provided family/caregiver training and education to support clients' functional outcomes

**Level I Fieldwork**

- Level IB- Easterseals Academy: observed OT for clients with severe-profound intellectual disability
- Level IA- Bonaventure House: observed OT for clients experiencing/at-risk of homelessness, chronic disease, mental health issues, and/or substance use

**Past Professional Experience****The British Swim School, Skokie, IL**

April 2014 to June 2018

*Aquatics Director & Swim Coach*

- Interviewed, trained, and supervised staff of 10-15 swim instructors and deck staff
- Taught water survival and stroke development to swimmers across the lifespan using gentle, hands-on coaching methods
- Coached adult classes for novice, intermediate, and advanced skill levels
- Fostered learning through effective interpersonal communication, skillful instruction, creative coaching strategies, and achievable goal-setting with students

**Sangsom School, Bangkok, Thailand**

October 2013 to February 2014

*Kindergarten Teacher*

- Taught English conversation, reading, writing, and mathematics skills to Thai students ages 3-6
- Collaborated with other teachers to enhance co-teaching strategies
- Created a fun and relaxed classroom environment to encourage student participation in learning
- Helped coordinate special events to ensure student safety and enjoyment

**Certifications & Memberships**

- OTR/L in state of Illinois: Obtained July 2020
- BLS, CPR, First Aid (American Heart Association) through August 2021
- Mental Health First Aid USA: Obtained February 2020
- Member of AOTA, ILOTA, Pi Theta Epsilon